

## Adjustable Back Training & Lateral Flexion Unit



- Depending on the exercise training focuses on the straight lumbar or lateral torso muscles
- Optimum body stabilisation because of individual adjustable fixations and pads
- Continuously adjustable inclination allows variable intensity of training
- Integrated grips for additional support while training
- Mobile
- The handle can be used to hold elastic bands

<b>Art. No</b>	<b>Length</b>	<b>Width</b>	<b>Height</b>	<b>Weight</b>
<b>62250</b>	132 cm	68 cm	77-122 cm	50 kg

SCHNELL Trainingsgeräte GmbH · Sportweg 9 · D - 86565 Gachenbach / OT Peutenhausen  
 Tel. +49 (0) 82 52 / 88 55-0 · Fax +49 (0) 82 52 / 88 55-22 · Internet: <https://www.schnell-online.de> · e-mail: [info@schnell-online.de](mailto:info@schnell-online.de)

All weights and measurements stated are approximations. Design, technology and equipment are subject to change. Some items shown may include special equipment available at additional charges.