

## Isolated Abdominal & Multipurpose Bench



- Isolated abdominal training while eliminating the lumbar and iliac muscles
- Bench shaped to distribute the vertebral pressure evenly
- Increased mobility of the lumbar and thoracic spine through segmental movements
- Continuously adjustable upper body pad for individual extension
- Leg pads are height-adjustable
- Integrated supporting handle
- Movable

<b>Art. No</b>	<b>Length</b>	<b>Width</b>	<b>Height</b>	<b>Weight</b>
<b>62900</b>	113 cm	70 cm	87-117 cm	44 kg

SCHNELL Trainingsgeräte GmbH · Sportweg 9 · D - 86565 Gachenbach / OT Peutenhausen  
 Tel. +49 (0) 82 52 / 88 55-0 · Fax +49 (0) 82 52 / 88 55-22 · Internet: <https://www.schnell-online.de> · e-mail: [info@schnell-online.de](mailto:info@schnell-online.de)

All weights and measurements stated are approximations. Design, technology and equipment are subject to change. Some items shown may include special equipment available at additional charges.