

Isolated Back Trainer



- Depending on the exercise, training focuses on the lumbar or thoracic spine, utilizing the muscles of the spinous and transverse processes
- Foot plate adjustable to eliminate ischiocrural muscles
- Optimum body stabilization
- Continuously adjustable knee pads with a stable gas damper
- Continuously adjustable incline of the body pad with a stable gas damper
- Movable
- The handle can be used to hold elastic bands

Art. No	Length	Width	Height	Weight
62400	112 cm	100 cm	89 cm	46 kg

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All weights and measurements stated are approximations. Design, technology and equipment are subject to change. Some items shown may include special equipment available at additional charges.